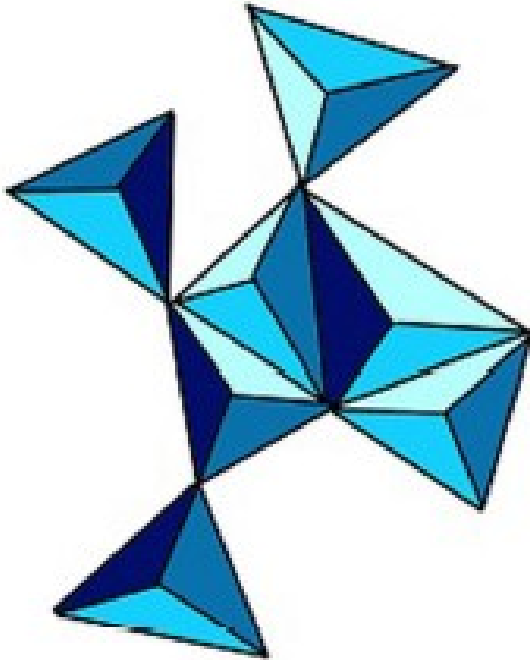
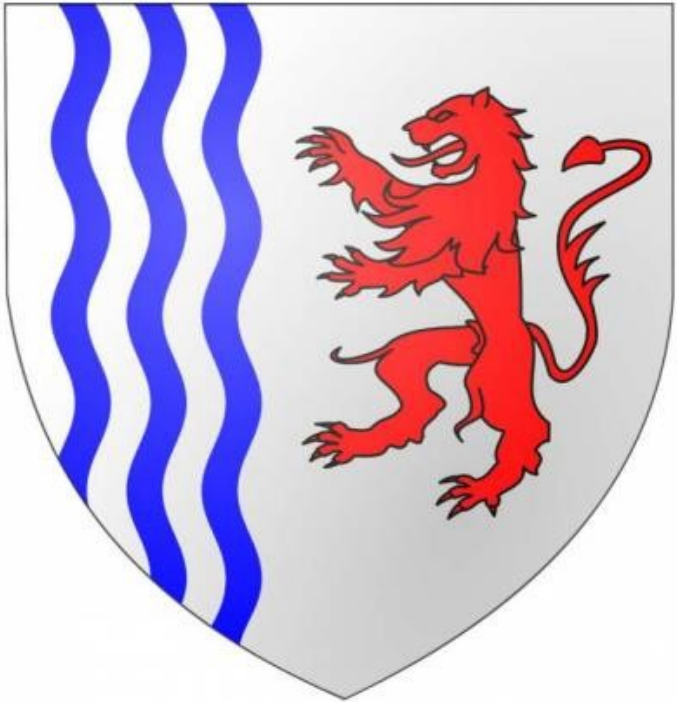


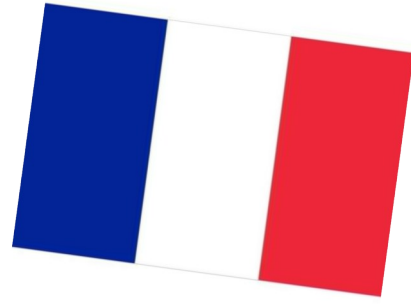
From our region to our middle school.

NOUVELLE AQUITAINE



Collège La Plaine

FRANCE



Here is the flag of France :

Inhabitants : 67 000 000

Politics : republic

President : Emmanuel MACRON

Religion : there is no state religion.
Everybody can choose a religion or not.

Main event : 14th of july – national day





Where is our region : the New Aquitaine ?

Population : 6 000 000

Capital : Bordeaux

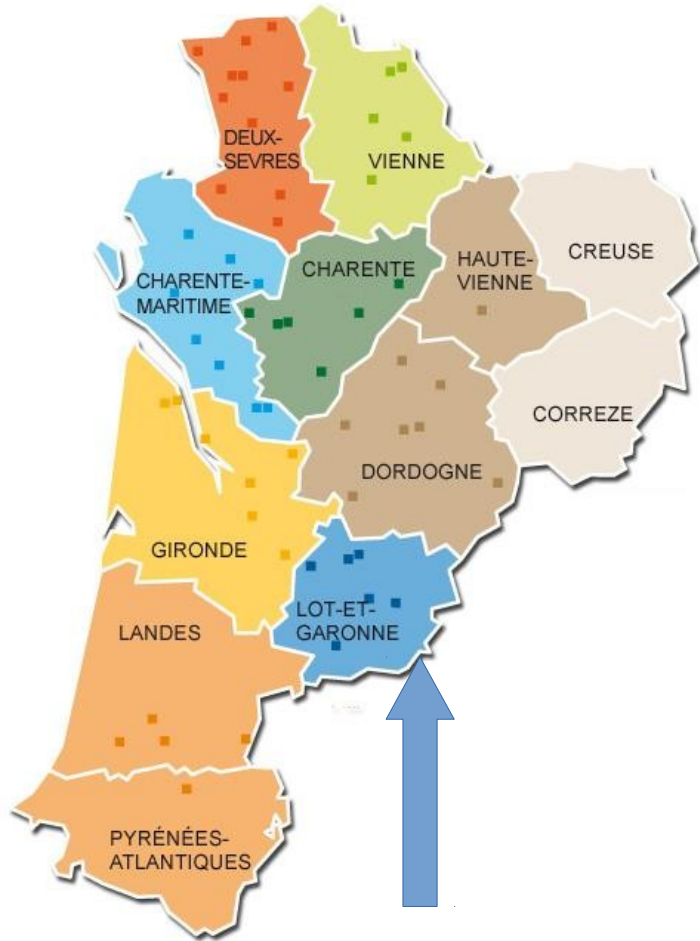
Famous meal : « gâteau Basque », « cannelés de Bordeaux », « Huitres d'Arcachon »

Famous place : water mirror, the Futuroscope, La Rochelle sealife.

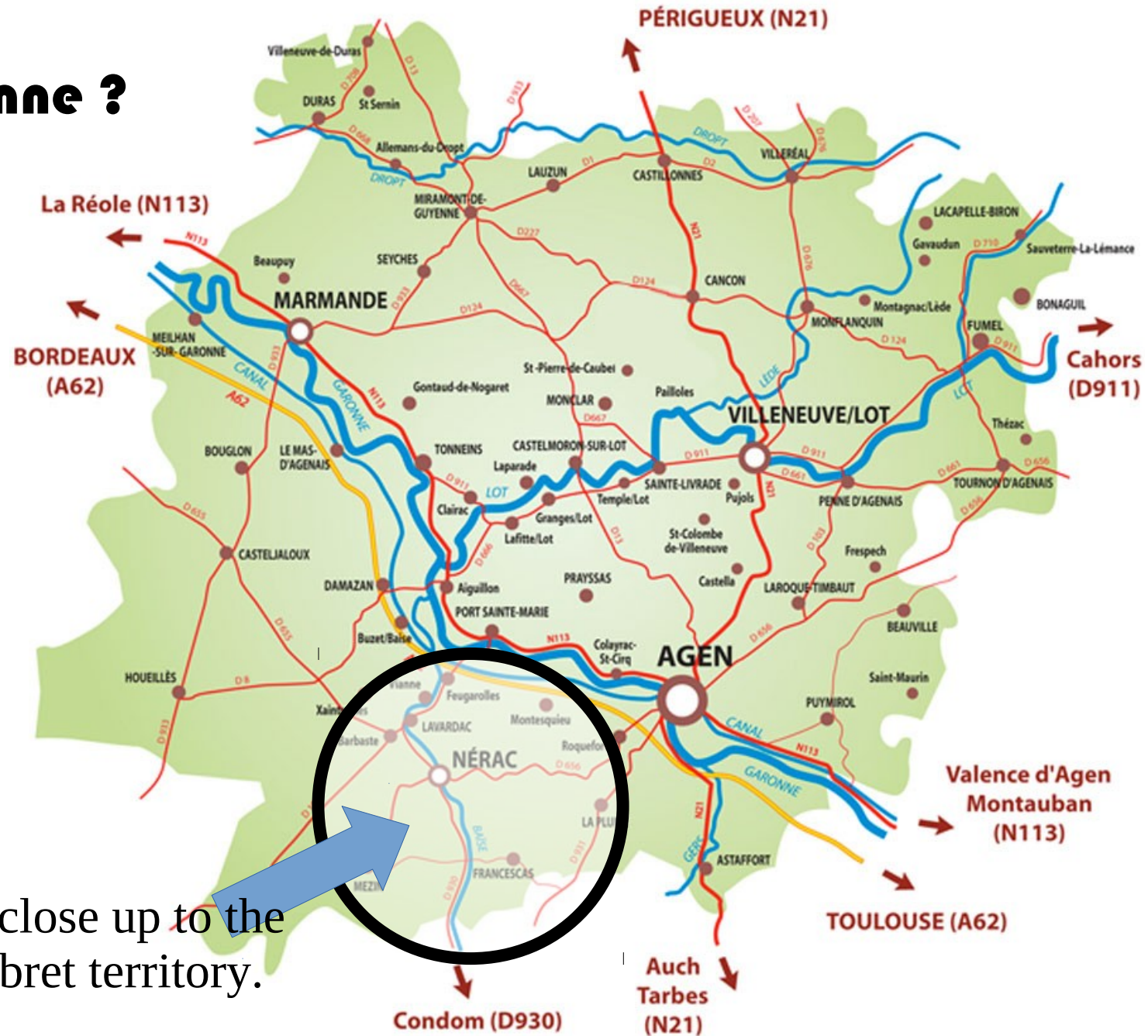


South-West of France

What about the Lot and Garonne ?



Here is the Lot and Garonne, the place where we live.



A close up to the Albret territory.

In the Albret territory, we live in small cities : Lavardac, Nérac, Barbaste, Xaintrailles and Vianne ... but we have a lot of culture heritage !



① castle of Xaintrailles



② Tower mill of Barbaste



Henri IVth's castle ⑤



③ Bastide's fortifications of Vianne



④ Open air market of Lavardac



In the Albret, there are a lot of monuments of the middle age (from the XII century to the XVI century).

The main place is the Henri IVth's castle in Nérac..

Our villages were protected with fortifications and were called « Bastides ».



In the Albret, we have some special meals...



Foie gras
(liver of the
duck)



Duck meat

winery



LES VIGNERONS DE
BUZET
S'engager autrement!



Agriculture is very developed : fruits, vegetables, cereals...



Plums...
... dry or not !



Marmande's tomatoes



Melons



Bondes d'Aquitaine
= COWS

In Albret, we love sports :



rugby



basketball



canoe

L'albret vu du ciel

The Albret from the sky

<https://www.youtube.com/watch?v=MFO0bc-zF6I>



Pays d'Albret, terre de patrimoine

The Albret, cultural héritage

https://www.youtube.com/watch?v=yCwwR_QmoPQ

Our middle school is in Lavardac.

Main playground



From the sky...



Triangles everywhere... where is the architect !!!

Name : **La Plaine Middle school.**

Students : 297 from 10 to 16 years old

Teachers : 30

Administration staff : 17

Classrooms: 16

ICT room : 1

Library: 1

Gymnasium: 2 (rugby, running, basketball, handball, dance, badminton, gymnastics...

Workshop's room : 2 (cooking and gardening)



One day in our school... for students aged from 12 to 13 years old

French literature
 Mathematics
 History and Geography
 English
 Spanish or German
 Latin
 Physics
 Biology
 Technology and ICT
 Art
 Music
 Sports

	lundi 17/02	mardi 18/02	mercredi 19/02	jeudi 20/02	vendredi 21/02
08h30	HISTOIRE-GEOGRAPHIE JELLIBERT-FITTON S. 3 NAPOLEON	MATHEMATIQUES ALLEGRE J. 4 RACINE	FRANCAIS MAINCHAIN G. 4 CORNEILLE	TECHNOLOGIE FORT L. 2 KASPAROV Techno	1 2 LV ESPAGNOL LV2 ROCHE P.
09h30	ANGLAIS LV1 SERE V. 1 DICKENS	HISTOIRE-GEOGRAPHIE JELLIBERT-FITTON S. 3 NAPOLEON	ANGLAIS LV1 SERE V. 1 DICKENS	1 2 LV ESPAGNOL LV2 ROCHE P.	FRANCAIS MAINCHAIN G. 4 CORNEILLE
10h40	PHYSIQUE-CHIMIE MAUTALEN C. 2 EINSTEIN	1 2 ANGLAIS LV1 SERE V.	ED.PHYSIQUE & SPORT. COCCHIO L. EPS	FRANCAIS MAINCHAIN G. 4 CORNEILLE	HISTOIRE-GEOGRAPHIE JELLIBERT-FITTON S. 3 NAPOLEON
11h35	ARTS PLASTIQUES BIERNE A., ROUY J. 1 LE CARAVAGE Arts	PHYSIQUE-CHIMIE MAUTALEN C. 2 EINSTEIN		MATHEMATIQUES ALLEGRE J. 4 RACINE	DEVOIRS FAITS MAGUES S., VAYSSE F.
12h30					
13h05				chorale SOURBES J.	
14h00	FRANCAIS MAINCHAIN G. 4 CORNEILLE	1 2 3 Changement de salle LV ALLEMAND LV2		OPT MULTISPORTS COCCHIO C. [5E EPS+] EPS	MATHEMATIQUES ALLEGRE J. 4 RACINE
14h55	SCIENCES VIE & TERRE RETOUT P. 2 ARCHIMEDE	OPT MULTISPORTS COCCHIO L. [5E EPS+] EPS		OPT MULTISPORTS COCCHIO C. [5E EPS+] EPS	SCIENCES VIE & TERRE RETOUT P. 2 ARCHIMEDE
16h05	MATHEMATIQUES ALLEGRE J. 4 RACINE				EDUCATION MUSICALE SOURBES J. 3 WAGNER EdMus
17h00					

Every day we start the lessons at 8 :30 AM. We work each morning 4 hours with a break from 10 :25 to 10 :40 AM.

At, 12 :30 PM we go at home to eat. We can choose to eat at ourt middle school restaurant.



The afternoon starts at 2:00 PM and ends at 5:00 PM.

Each day, we can have 7 hours of lessons. Each week, we have 26 hours of lessons.

We can choose to make more sports ... we practise basketball, handball and badminton 4 hours and a half more !!!

Our habits :



An example of our lunch time plates...

- a majority of students come to our school by bus ;
- a majority of students eat at school restaurant ;
- each lesson lasts 55 minutes ;
- at each lesson, students line up ;
- our bell is music ;
- our flag is at the entry with the european flag ;
- no religious education ;
- 3 breaks each day.

In our middle school, there are :

- 1 unit for disabled students from 11 to 16 years old ;
- 4 classes for special needs students with 2 workshops : cooking and gardening.

